

TRINITY TOPICS

The Newsletter of Trinity Episcopal Church POTTSVILLE, PENNSYLVANIA

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July/August 2017

DISCIPLESHIP - HELPING HANDS - PARTNERS

Dear People of God at Trinity,

As we enter the summer months, we think more of relaxation and rest, but let us not forget our main role as disciples of Christ, working and partnering with each other through all seasons.

On the feast of Pentecost, we welcomed Father Timothy Albright as our permanent supply priest. This is truly the work of the Spirit and the grace of God. Your love, support and encouragement through this transition period aided us in the decision to ask Father Tim to consider this position and through prayerful consideration he accepted. We are grateful to Father Tim and his wife Sharon for being partners with us on our journey and the continuity this will bring to the parish.

As we worship in the Chapel this summer, you will notice the hands from our partner parish, St. Thomas Morgantown on display. They are displaying the hands from our parish, an outward sign of partnership and the call to discipleship.

Many of you heard different languages on Pentecost in our service and a most important word from Swahili is "Wanafunzi" or disciples. As Father Tim said in his sermon that day, we recognize all languages, but the most important language is LOVE. Christ never stopped helping, healing, feeding, teaching, loving and as His "Wanafunzi", we are called to do the same each and every day.

Thank you for being disciples to us as we continually strive to be your partners with helping hands extended in love.

Your Vestry

Trinity Church's Mission Statement

"Living, loving, sharing in the name of Jesus Christ"

Vision Statement

"Honoring the past as we build a strong foundation for the future, while sharing our Christian faith through service to the community."

THE MUSIC CORNER

by Cora A. Gamelin-Osenbach

Summer is upon us and the choir is taking a well deserved rest. These dedicated people enhance our worship each Sunday and inspire us with their joy in singing to the Lord. A long time choir member (30+ years), Howard Mitchell has made the difficult decision to hang up his choir robe. He was recognized on the Feast of Pentecost and we extend our gratitude to him for his many years of service and his continued support of our music program and the concert series. Thank you Howard!!!

Choir rehearsals will begin again on Wednesday, September 6 at 7 pm in the church lounge. We welcome all who want to further their spiritual journey through the gift of music.

CONCERT SERIES

Our 11th season will begin on Sunday, September 17 with Pottsville natives Samantha Wood, soprano and John Kline, IV, piano. Please see our season flyer in this edition of the TOPICS. We welcome any and all who would like to be patrons to continue this wonderful community outreach. Please speak to Cora if you are interested. We are so grateful for our patrons, audience and parish culinary artists who contribute to our welcoming receptions.

RECEPTION SIGN-UP

The sign up sheets for the September concert will be on the bulletin board at the Chapel during August. If you can help, please sign up so that we know how to prepare. Thank you!!

UNITED THANK OFFERING

Even though we are in the slower paced season of summer, our blessings never cease. Please remember to acknowledge those feelings of gratitude for all that we have by contributing to your UTO box. Our annual fall Ingathering will be held on two Sundays, September 17 and 24. Our parish contribution will then be presented at the Diocesan Convention to be held on September 29 and 30. Please remember, "change changes lives". Thank you!!

LAY EUCHARISTIC MINISTRY

During the months of July and August, there will be no visits to those usually visited by the Lay Eucharistic Ministers. However, if you wish to receive Communion, please call Kathy Burda to arrange for someone to call on you. Regular visits will resume in September.

NEW PARISH DIRECTORY

Many thanks to Bob and June Bednar for spending many hours in putting together our new directory. Copies are available at the chapel. If you need one mailed to you, please contact Edna at the office and one will be sent.

Trinity Episcopal Church Concert Series



Calendar of Upcoming Events for the 2017-2018 Series

September 17, 2017



Samantha Wood and John Kline, IV, are natives of Schuylkill County who will collaborate on an eclectic program showcasing their considerable musical gifts. We are proud to have them open our 11th season!

Samantha Wood, soprano John Kline, IV, pianist

November 19, 2017



We welcome back one of our most popular artists who will present "The Thrill of the Chase" on our Austin organs, Opus 1040. This will be an exciting ride not to be missed!

F. Allen Artz, III, organist

April 8, 2018



Trio Jolie

Robin Lilarose, Kirstin Myers and Crystal Jordan will present an exciting, varied program for flute, oboe and cello. These versatile musicians performed in an early season of our series and we are thrilled with their return.

May 20, 2018



The Ravel Trio

Simon Maurer, violinist,
Nancy Baun, cellist and
Daniel Lau, pianist, will offer
their incredible talents to us
once again. This internationally
acclaimed trio returns with
their gifted ensemble playing —
a perfect way to end the season!

Sunday Afternoons at 4:00

No Admission Fee - Free Will Offering Taken *Handicapped Accessible*

Reception following the concerts to meet the Artists

For more information, please contact Trinity Episcopal Church 200 S. Second Street, Pottsville, PA 570-622-8720 email: trinitypottsville@verizon.net web: trinityepiscopalpottsvillepa.org



CHURCH PICNIC WITH HOLY EUCHARIST SUNDAY AUGUST 13, 2017 ISLAND PARK, SCHUYLKILL HAVEN

SET UP: 10:30 AM

EUCHARIST CELEBRATION: 11 AM

POTLUCK PICNIC LUNCH TO FOLLOW

There will only be services at the Island Park on Sunday August 13. Join our fellow Schuylkill County Episcopal Parishes and our Partner Parish for a joint celebration of the Holy Eucharist and a delicious potluck luncheon!!!!! More information to follow......

Join the "Episcopal Church of Schuylkill County" at the 34th Annual Schuylkill County Fair as we offer "HUGS and KISSES", fellowship and balloons! We will sponsor a booth and would LOVE to have you join us at the Fair.

Monday July 31 through Saturday, August 5, from 4 PM till 8 PM.

Please consider volunteering to support our presence in Schuylkill County.

Talk to Norm or Kurt for additional information.....



Bubble Sunday

On May 28 we celebrated Ascension Sunday with a visual celebration of Bubble Sunday on the front steps of the church following the service.





Church School Sunday

On May 21, the Sunday School children performed a skit reflecting on what they have learned in Sunday School.





Fr. Timothy Albright at the Chapel of the Resurrection



July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 PENTECOST IV CHAPEL OF THE RESURRECTION- CBC 9am Service	3 7:30pm AA	4 Office Closed	5 NO Noon Healing Service	6	7 7pm Ballroom Dance	8
9 PENTECOST V CHAPEL OF THE RESURRECTION- CBC 9am Service	7:30pm AA	9-10:15amYoga	NO Noon Healing Service	13	7pm Ballroom Dance	15
16 PENTECOST VI CHAPEL OF THE RESURRECTION- CBC 9am Service 10:15am Vestry	4:30pm Soup Kitchen 7:30pm AA	18 9-10:15amYoga	NO Noon Healing Service	20 - 11am Sr. Adventures	7pm Ballroom Dance	. 22
23 PENTECOST VII CHAPEL OF THE RESURRECTION- CBC 9am Service	24 7:30pm AA	25 9-10:15amYoga 1:00pm MPTF Mtg.	NO Noon Healing Service	27	7pm Ballroom Dance	29
30 PENTECOST VIII CHAPEL OF THE RESURRECTION- CBC 9am Service	31 7:30pm AA				,	

August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 NO Noon Healing Service	3	7pm Ballroom Dance	5
6 THE TRANSFIGURATION CHAPEL OF THE RESURRECTION- CBC 9am Service	7 - 7:30pm AA	8 9-10:15amYoga	9 NO Noon Healing Service	6:30pm Worship & Liturgy Committee Meeting	7pm Ballroom Dance	12
13 PENTECOST X No Service at Chapel 11am Joint Service –Island in Sch Haven followed by Potluck Picnic	14 7:30pm AA	15 9-10:15amYoga	16 NO Noon Healing Service	17	7pm Ballroom Dance	19
20 PENTECOST XI CHAPEL OF THE RESURRECTION- CBC 9am Service 10:15am Vestry	21 4:30pm Soup Kitchen 7:30pm AA	22 9-10:15amYoga	23 NO Noon Healing Service	24 11am Sr. Adventures	7pm Ballroom Dance	26
27 PENTECOST XII CHAPEL OF THE RESURRECTION- CBC 9am Service	28 7:30pm AA	29 9-10:15amYoga	30 NO Noon Healing Service	31	SEPTEMBER 3RD & 10TH SERVICE CHAPEL OF THE RESURRECTION- CBC 9:00am	

NEWS FROM MARION C. PRICE TRUST FUND

Alzheimer's is a brain disease that causes a slow decline in memory, thinking and reasoning skills. There are 10 warning signs and symptoms. Individuals may experience one or more of these signs in different degrees.

- Memory loss that disrupts daily life, especially forgetting recently learned information. Including forgetting important dates or events, asking the same information over and over; increasingly needing to rely on memory aides or family members for things they used to handle on their own. Typical age-related change: Sometimes forgetting names or appointments, but remembering them later.
- > Challenges in planning, solving problems or working with numbers. *Typical age-related change:*Making occasional errors when balancing checkbook.
- Difficulty completing familiar tasks at home, at work or at leisure. Sometimes people may have trouble driving to a familiar location or remembering the rules to a favorite game. Typical agerelated change: Occasionally needing help to use the settings on a microwave or to record a television show.
- > Confusion with time or place, seasons and the passage of time. Sometimes they forget where they are or how they got there. Typical age-related change: Getting confused about the day of the week but figuring it out later.
- > Trouble understanding visual images and spatial relationships. They may have difficulty reading, judging distance and determining color or contrast. *Typical age-related change: Vision changes related to cataracts*.
- New problems with words in speaking or writing. They may have trouble following or joining the conversation. They may also stop in the middle of a conversation and have no idea how they continue or they may repeat themselves. They may struggle with vocabulary, have trouble finding the right words or call things by the wrong names. Typical age-related change:

 Sometimes having trouble finding the right word.
- Misplacing things and losing the ability to retrace steps. Things may be put in unusual places and sometimes accusing others of stealing. Typical age-related change: Misplacing things from time to time and retracing steps to find them.
- Decreased or poor judgement. They may give large amounts of money away or pay less attention to grooming or keeping themselves clean. *Typical age-related change: Making a bad decision once in a while.*
- Withdrawal from work or social activities, hobbies, work projects or sports. *Typical age-related change: Sometimes feeling weary of work, family and social obligations.*
- > Changes in mood and personality. They can become confused, suspicious, depressed, fearful or anxious. They may be easily upset at home, at work or in places where they are out of their comfort zone. Typical age-related change: Developing very specific ways of doing things and becoming irritable when a routine is disrupted.

If you notice any of these 10 warning signs in yourself or someone you know, don't ignore them. Schedule an appointment with your doctor. Professional evaluation may detect a treatable condition.

Immunizations are not just for children. Protection from some childhood vaccines can wear off over time. You may also be at risk for vaccine-preventable disease due to your age, job, lifestyle, travel or health conditions. As we get older, our immune systems tend to weaken over time, putting us at higher risk for certain diseases.

All adults need immunizations to help them prevent getting and spreading serious diseases that could result in poor health, missed work, medical bills and not being able to care for family.

All adults need a seasonal flu vaccine every year. Flu vaccine is especially important for people with chronic health conditions, pregnant women and older adults.

There are currently two types of pneumococcal vaccines: PCV13 and PPSV23. There are more than 90 types of pneumococcal bacteria. PCV13 protects against 13 types and PPVS23 protects against 23 types. Both vaccines provide protection against illnesses like meningitis (infection of the covering of the brain and spinal cord) and bacteremia (blood infection) and pneumonia (lung disease). After age 65 it is recommended that either the PCV13 or the PPSV23 be given followed by the other in at least one year.

Every adult should get the Tdap vaccine if they did not receive it as an adolescent to protect against pertussis (whooping cough) and then a Td (tetanus, diphtheria) booster shot every 10 years.

The shingle vaccine is recommended for adults 60 years and older. Shingles is a painful skin rash that develops on one side of the face or body. The shingles vaccine reduces the risk of developing shingles and the long-term pain that can follow. Anyone 60 years or older should get the shingles vaccine, regardless of whether they recall having had chickenpox, which is caused by the same virus as shingles. Protection with the shingles vaccine lasts about 5 years.

Please discuss these vaccines with your primary care physician for the best protection plan for you.

Narcan Nasal Spray is indicated for the émergency treatment of a known or suspected opioid overdose as manifested by respiratory and/or central nervous system depression. It is intended for immediate administration as emergency therapy but is NOT a substitute for emergency medical care. 911 must be called immediately if an overdose is suspected.

It is supplied in a single spray device. The recommended initial dose of Narcan Nasal Spray in adults and pediatric patients is one spray delivered into one nostril.

A Narcan Nasal Spray is located in the AED cabinet at the base of the parish hall steps in Trinity. The Narcan Nasal Spray can be obtained from the local pharmacies at a minimal cost without a prescription.



Charles Baber Cemetery Preservation Trust

Beat the Heat

The hot heat of the summer is descending upon us quite rapidly with some high dew points and humidity. Sometimes, it makes us feel like a wet wash cloth. If you can't get away for vacation and don't have the time to get to a swimming pool to cool off, the Baber Cemetery can offer you a quick fix. Come and take a walk among the many tall shade trees. The cemetery temperature, because of the many trees, is 5-7 degrees cooler than being out on the sidewalk or in the open direct sunlight. And an extra benefit is that the "all natural" environment of walking among the serenity of nature sooths the soul and calms the nerves.

Ninety percent of the property offers shade of some type. The only open area is in the immediate area of the pond. However, even the pond has shaded areas provided by the swamp white oak, the hybrid elm, the sweetgum, the sugar maple, and one lonely eastern hemlock by the sugar maple. However, getting into deep cool shade with only light sunlight filtered through, occurs on the walking paths on the eastern side of the cemetery towards the 12th Street or more specifically where 13th St., would intersect the property. These paths lead from the upper level where the chapel is, across the three tiered terraces down to the lower level of the property. Two of the paths introduce you to the eastern white pines which are now developing small cone clusters that look like little balls of fuzz. The one path, which has the baby pine, is also accompanied by the mature Norway spruce whose branches hang downward and whose draped needles look like tinsel hanging on a Christmas tree. These spruce have many clusters of tiny long pine cones. A third path is lined with Norway maple that starts in front of the chapel and swings into the lane called Chapel Avenue and with young sunset red maples. The Norway maple is filled clusters of big winged fruit whose wings are at a very wide angle of spread.

Following any of these paths downward to the lower level is like walking in a deep woods forested area because you are on a dirt path surrounded by many forest trees which were there from the time the cemetery was bought in 1845. No tree replacement or replanting has occurred in this area, so all the trees in this entire area are truly "all natural". The area is filled with staghorn sumac with its velvety branches and its tall red lollipop shaped flower, more eastern white pine, black locust, black walnut, red oak, wild cherry with their curled bark looking like lamb's wool, and many more trees that haven't been categorized yet. These paths are well shaded from the sun and are the most cool both in air temperature and in the variety of trees and the uniqueness of walking in a forested area of all nature beauty. And, it is on these paths that the elusive pileated woodpecker can be found.

There are two more fun and cool paths. One is inside the Market Street wall walking under the London planetrees with their barks of multi-patched colors. This path is also flavored with the magnolia bush whose flower bud, which is growing now, looks like a tiny jerkin pickle, dwarf red maples, and some tall straggly Japanese larch with their full round tiny pine cones. The second path is a favorite spot to park your car and eat your lunch. It is the upper path of a loop in the lower level which circles around the most northeastern part of the property down the steep hillside from the middle school parking lot. It is shaded by red maple, sassafras, a black locust, black walnut, of which the squirrels love the nuts after pulling them out of their thick green outer covering, and several small bushes of mock orange. This area has a lane of arborvitae leading down the hill toward the soccer field.

One tree species to see at this time of year, are the dwarf red maple dotted throughout the property. Most are burgundy in color with tiny winged fruit of green. From a distance, the winged fruit looks like butterflies with spread wings resting upon the leaves of the tree. Come in and visit, cool off, and enjoy the scenery.



Baber Day

14th & Market Street, Pottsville

Sunday, September 10, 2017 3:00 to 6:30 PM 19th Annual Baber Appreciation Day

Hot dogs, baked beans, chips, watermelon & water will be provided.

Bring your own folding chair.

"Free Will Donation"

NATURE AND HISTORY WALKING TOURS 3:00

SMALL BASKET RAFFLE

PICNIC BEGINNING 4:30

BAKE SALE

THIRD BRIGADE BAND CONCERT 4:00 - 5:45 PM SOLEMN EVENSONG SERVICE - 6:00

Trinity Episcopal Church

200 South Second Street Pottsville, PA 17901 Phone: 570.622.8720 Fax: 570.621.3221

Return Service Requested

Deadline For September/October "Topics" Wednesday, Aug. 16, 2017

Non-Profit Org.
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Pottsville, PA 17901

July Birthdays

- 1 Tony Bacon
- 2 John Pritiskutch
- 3 Lea Bortner
- 4 Jerry Simatos
- 6 Leigh Ann Siminitus, Alice Sapp
- 9 Alexandra Matson
- 11 Kendyl Moyer
- $14-Kitty\ Murray$
- 19 Betty Uranko
- 20 Reynolds Hostetter
- 21 Allesondra Crisafulli
- 25 Miriam Harris, Jessica Nabholtz
- 28 Nancy Buehler, Daniel MacArthur, Jean Ebling, Janine Hinnershitz
- 31 Robert Bednar

August Birthdays

- 1 Connie Guensch, Ralph Imschweiler
- 2 Donna Ross
- 4 James Coulson
- 5 Tristan Murray
- 6 John Fahenstock
- 7 Chris Nabholtz
- 8 Alana Spotts, Sandra Snyder, Emily McCall
- 12 Doris Kauffman
- 15 Allen Greiner
- 16 Edna Rauco, MacKenzie Menuchak
- 18 Dottie Kelly, Anne Marie Brennan
- 20 Matthew Foester
- 22 Kathy Burda
- 23 Delaney Burns, Layne Reedy, Peter Bortner
- 24 Joan Moyer, Waverly Bacon IV
- 25 Patrick Moore Sr.
- 26 Cynthia Ryland, Jake Oerther
- 27 Justin Lindenmuth, Elliot Wehr
- 28 Tracy Frederick
- 30 Frank Yuengling
- 31 Nancy Billie, Bill Malarkey