

TRINITY TOPICS The Newsletter of Trinity Episcopal Church POTTSVILLE, PENNSYLVANIA Phone: 570.622.8720 Web: www.trinityepiscopalpottsvillepa.org <u>Email: episcopalch200@gmail.com</u>

September/ October 2019

Dear People of God at Trinity,

HERE AM I LORD, SEND ME

September is the time for students to return to school, regular work schedules to resume after vacations, and new patterns of busy-ness to emerge for some retired folk after the summer respite. But the love of God never takes a rest. That abundant love and His grace should energize us for doing His work, being in service to others daily, all year round.

At times, we think that if we can only do something small, it's not worth doing at all. However, all the small efforts add to the total result.

As we return to the sanctuary and the fall routine, please prayerfully consider the different ministries which are in need of more disciples:

LAY EUCHARISTIC VISITORS LAY EUCHARISTIC MINISTERS (Chalice bearers) ALTAR GUILD CHRUCH SCHOOL TEACHERS AND VOLUNTEERS COUNTERS OFFICE VOLUNTEERS FOR MAILINGS, ETC. READERS VESTRY MEMBERS

LEVs and LEMs require training in order to be licensed by the Diocese. Mother Dolores Smith has graciously agreed to have a training session for Chalice Bearers (LEMs) on Sunday, October 13 after the 9 am service.

WHERE WILL THE LORD SEND YOU?

Your Vestry

Services in the sanctuary will begin on Sunday, September 15.

The Bishop is coming! The Bishop is coming! Please join us for Confirmation on October 6 when Bishop Kevin Nichols will join us.

Trinity Church's Mission Statement

"Living, loving, sharing in the name of Jesus Christ"

Vision Statement

"Honoring the past as we build a strong foundation for the future, while sharing our Christian faith through service to the community." We will worship at the cemetery chapel on September 1 and 8 and then return to the main sanctuary on September 15. All services are at 9 am. Please note that when the bells ring at 8:55, this is a time of meditation, contemplation and prayer in preparation for worship. Please visit with your neighbors before 8:55 am or after the service. LISTEN FOR HIS VOICE IN THE SILENCE.

United Thank Offering

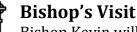
Our UTO ingathering this year will be on September 22 and 29 in preparation for our contribution to be offered at the Diocesan Convention on October 4 and 5. Please remember to put your envelope number on your box or UTO envelope so you may receive credit on your financial statement. Thank you for your continuing gratitude and generosity!

Lay Eucharistic Visitors

Home Communion visits will begin again as we return to the sanctuary on September 15.

Healing Service

The Wednesday noon Healing Service will resume on Wednesday, September 11 in St. Luke's Chapel.



Bishop Kevin will join us for Confirmation on Sunday, October 6, 2019. Please mark your calendars now for this special visit and celebration of our parishioners receiving the sacrament of Confirmation. Please keep the confirmands in your prayers.

Flower Donations

In order to save the church money, when there are no sponsored memorials or thanksgivings for flowers on a Sunday morning, there will be one arrangement only. On those Sundays when flowers are sponsored, the suggested donation is \$35.00. We are constantly

looking for ways to be good stewards of your commitment to the church and our shared ministry.



Line of Love

As we experience a very hot spell, we are not thinking about winter, but those cold fall winds will come sooner than we think. In anticipation of that, please think about hats, scarves and gloves for the Line of Love which our Parish Nurse Kathy Burda coordinates and places in front of the church. If we collect items now, as the cold begins, we will be ready to offer this community outreach and ministry.











The Music Corner by Cora A. Gamelin-Osenbach

Choir

We look forward to preparing anthems for Bishop Kevin Nichols visit on October 6 as ten of our parishioners will receive the sacrament of Confirmation. Miss Lea will be distributing music to the children in the hopes that they will have a musical offering on that day. Please mark your calendars for this special occasion to welcome Bishop Kevin and his ministry to us.



Concert Series

Season 13 (what a blessing and achievement) will begin on October 20 with the Messiah Faculty Brass Quintet who wowed our audience several seasons ago. See the flyer in this edition of the TOPICS. We look forward to their amazing talent and great audience

rapport. Many thanks to our patrons and audience whose generosity and support have enabled us to continue this series through 12 seasons! We are looking forward to these concerts and the great receptions that follow with delicious food and lively conversation.



Concert Reception

As always, we are looking for your savory and sweet goodies for the reception after the October 20 concert. There will be sign-up sheets in the ambulatory and on the bulletin board across from the lounge several weeks before the concert. Thank you in advance for providing such scrumptious offerings as we enjoy fellowship with our artists and audience.

Organ Update

Our Austin organ has undergone some fairly extensive repair over the summer. We are thankful to our anonymous patron and to the Murphy Organ Company for taking such good care of our "old girl" who will be 100 years old in 2022. Stay tuned for her birthday celebration!





Welcome Back!!

We will return to the main church on September 15. This will be the first day of Sunday School as well. Parents should escort their child/children to the undercroft prior to the service to complete updated registration forms and receive paperwork

as required by the Diocese. As in previous years, there will be a preschool classroom and a schoolage classroom. Ages and placements are flexible. Please talk to the teachers regarding appropriate classroom placement. Our curriculum will follow the Lectionary for fall and spring this year.

We are preparing for Confirmation and the Bishop's visit on October 6. On that date, he will confirm ten individuals into the Church. IN preparation for this big event, the Sunday School students will be practicing music on September 22 and 29 with Miss Lea. Please make every effort to attend church and practice for the celebration of our friends' commitment to the Church.

October 6 will also be the Blessing of the Animals. Therefore on September 29, following the service, we will again be making animal treats in the third-floor kitchen. All are welcome to come join in the fun!!

If any children are interested in becoming an acolyte, please speak to Dawn Burns or June Bednar. We will be continuing our Pennies for the People collection this year which benefits the local homeless shelter. To date, we have donated over \$300 to this outreach project. Thank you!! No donation is too small!!

Trinity Episcopal Church Concert Series



Sunday October 20, 2019 at 4 pm The Messiah College Faculty Brass Quintet

Dr. William Stowman, trumpet Melanie Miller, trumpet Dr. Michael Harcrow, French Horn Dr. Jon Moyer, trombone Eric Henry, tuba

The program entitled "Every Corner of the Globe" is a fun musical trip around the world including representative music from many nations and cultures.

Major works will be Kevin McKee's barn-burner "Vuelta del Fuego" and Karl Boehm's lovely cornet solo work featuring Dr. Stowman.

We have eagerly awaited their return engagement since they first joined us in 2009. An afternoon of music not to be missed!



Come meet the Artists at a post-concert reception.

No Admission Fee - Free Will Offering Taken

For more information, contact Trinity Episcopal Church 200 S. Second Street, Pottsville, PA 570-622-8720 Episcopalch200@gmail.com trinityepiscopalpottsvillepa.org

Trinity is Handicapped Accessible

Upcoming Events JENNIFER LAUBACH, MEZZO-SOPRANO JOHN KLINE, IV, PIANO Sunday November 24, 2019 at 4 pm

September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <u>PENTECOST XII</u> 9:00am Service at Chapel of the Resurrection	2 <u>LABOR DAY</u> OFFICE CLOSED 7:30pm AA Meeting	3	4 NO NOON HEALING SERVICE	5	6	7 Baber Day 3:00- 6:00pm
8 <u>PENTECOST XIII</u> 9:00am Service at Chapel of the Resurrection <u>Rain Date for Baber Day</u>	9 7:30pm AA	10	11 12Noon Healing Service	12	13	14
15 <u>PENTECOST XIV</u> 9:00am Service <u>at TEC</u> 9:00am Church School 10:30am Vestry	16 4:30pm Soup Kitchen 7:30pm AA	17	18 12Noon Healing Service	19	20 CBC Chapel Wedding Rehearsal 7:00pm Ballroom Dance	21 CBC Chapel Wedding
22 <u>UTO SUNDAY</u> <u>PENTECOST XV</u> 9:00am Service 9:00am Church School	23 7:30pm AA	24 1:30pm MPTF Meeting	25 12Noon Healing Service	26	27 7:00pm Ballroom Dance	28
29 <u>UTO SUNDAY</u> <u>PENTECOST XVI</u> 9:00am Service 9:00am Church School	30 7:30pm AA					

October 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
			12Noon Healing Service		Diocesan Conven- tion, Reading, PA	Diocesan Conven- tion, Reading, PA
6 <u>PENTECOST XVII</u> 9:00am Service with Bishop Kevin and Confirmation No Church School	7 7:30pm AA	8	9 12Noon Healing Service	10	11 7:00pm Ballroom Dance	12
 13 <u>PENTECOST XVIII</u> 9:00am Service 9:00am Church School 10:30am Training Session for Chalice Bearers 	14 7:30pm AA	15	16 12Noon Healing Service	17	18 7:00pm Ballroom Dance	19
20 <u>PENTECOST XIX</u> 9:00am Service 9:00am Church School 10:30am Vestry 4:00pm Concert Series	21 4:30pm Soup Kitchen 7:30pm AA	22	23 12Noon Healing Service	24	25 7:00pm Ballroom Dance	26 AA Halloween Part
27 <u>PENTECOST XX</u> 9:00am Service 10:30am Church School Halloween Party	28 7:30pm AA	29	30 12Noon Healing Service	31		

News from Marion C. Price Trust Fund

Medicare Open Enrollment will be October 15th – December 7th this year. Be aware that your benefits and premiums could change from one year to the next. So even if you are confident that you want to keep your current coverage for next year, it is important to make sure you understand any changes that may apply and that you've double checked to make sure that your current plan is still the best available option for you. The available plans and what they cover changes from one year to the next, so even if the plan you have now was the best option when you checked last year, it's important to verify that again before you lock yourself in for another year.

The coverage gap (donut hole) begins once you reach your Medicare Part D plan's initial coverage limit of \$4,020 and ends when you spend a total of \$6,350 out of pocket. Part D enrollees will receive a 75% discount on the total cost of their brand name drugs and a maximum of 25% co-pay on generic drugs purchased while in the donut hole. There is minimum cost sharing once in the catastrophic category.

Medicare Advantage plans can change the coverage options they offer from year to year, so it's important to stay up to date with your plan. Between January 1st and March 31st each year, if you are enrolled in a Medicare Advantage Plan, you can leave your plan and return to original Medicare and buy a Part D prescription plan to supplement your original Medicare. Only one switch during this time frame is permitted each year – you can change your mind multiple times during the enrollment period in the fall, but you can only switch to a different Medicare Advantage Plan (or back to Medicare) once in the first quarter of the new year.

If you enroll in Medicare on or after January, 2020 you will not be able to purchase a Medigap Plan C or F. If you are currently enrolled in Plan C or F Supplement Plans – you will be grandfathered in and should not see a change.

September is Healthy Aging Month, an annual observance designed to focus on the positive aspects of growing older. It is time to think about improving physical, mental, social and financial wellbeing.

To get you started on reinventing yourself, here are some ideas from the editors of Healthy Aging Magazine (<u>www.healthyaging.net</u>).

- Do not act your age, picture your best year and be it.
- Be positive in your conversations and your actions every day.
- Surround yourself with positive thinking, energetic, happy people of all ages.
- Walk like a vibrant, healthy person.
- Stand up straight.
- Practice good oral hygiene and remember to smile more often.
- Be around people: volunteer your time, take a class or invite someone out to lunch or coffee.
- Start walking, for your health and to greet the neighbors.
- Make this month the time to set up your annual physical and other health screenings.
- Learn something new or find your inner artist.

Operation We Care – We will be mailing out personal items and goodies to our local servicemen and women in November. Any personal or individual sized items are welcome. Thank you for all your contributions to this very worthwhile project now in its 13th year.

An Opioid Epidemic is in our nation and county. Opioids are a class of drugs that include Heroin, Fentanyl (which is 50-100 x's more potent than morphine), Vicodin, Oxycontin, Percocet, Demerol, Morphine and Codeine.

These drugs were marketed as non-addictive. As a result, doctors were prescribing them for chronic pain, as well as for acute pain related to injuries or dental procedures. Many people who took these drugs found themselves dependent on them. Others started using these drugs for recreational purposes or to self-medicate as a way to address additional uncomfortable emotions and problems.

Opioid addiction is characterized by a powerful, compulsive urge to use opioid drugs, even when they are no longer required medically.

Addiction is a disease that disrupts normal, healthy functioning of a vital organ - the brain. Opioids act on receptors to reduce the perception of pain, and can stimulate the brain's reward regions, creating a sense of euphoria and well-being. Because drug addiction changes the brain so drastically, it can also drastically change a person's personality. The addicted brain is hardwired to seek that intense pleasure it needs. Every action revolves around seeking that high. Nothing else will do or nothing else matters, not family, not jobs, nothing. The more a person uses drugs, the more dependent their brain becomes on them. As tolerance grows with those addicted, a person needs more pain pills to achieve the same effect.

An overdose is a medical emergency. It occurs when the opioids cause the heart to slow down, lowers blood pressure and slows breathing. Depressed breathing is the most dangerous side effect of opioid overdose. Lack of oxygen to the brain will not only result in permanent neurological damage, but may also be accompanied by the widespread failure of other organ systems, including the heart and kidneys. And death is a real possibility.

Narcan Nasal Spray counteracts the life-threatening effects of opioid overdoses. It begins to work almost immediately and temporarily reverses the effects until emergency medical assistance can arrive.

Sometimes you can't avoid it and opioids are prescribed. Make sure your doctor knows all the other medications you are taking, including: prescription, non-prescription, over the counter meds and supplements. Take note of how many pills you receive from the pharmacy and keep track of refills. Do not share your medication with anyone else. Keep all medicines in a safe place.

Dispose of expired or unused medicine at a safe drug disposal site. Most local police departments as well as the Schuylkill County Sheriff's Department participate and have permanent drug take back sites.

If you or someone you know is having trouble with drug addiction there is a Substance Abuse and Mental Health Service National Helpline 1-800-662-HELP (4357). This is a free, confidential, 24/7, 365 day-a-year treatment referral and information service for individuals and families facing mental and/or substance use disorders.

There are at least two addiction treatment providers in Schuylkill County: The Clinical Outcome Group in Pottsville (1-800-264-1290) and the Schuylkill Health Counseling Center in St. Clair (570-622-5898).



Charles Baber Preservation Trust

Flaming Fall Foliage

Many people readily embrace fall because it heralds an end to the hot, muggy, buggy weather. Many parents embrace fall because their children return to school. Others embrace fall because it means the start of fun filled holidays like Halloween, Thanksgiving, and Christmas. Others embrace fall because it means hunting season will begin soon, or winter sports like hockey, skiing, and snowboarding will be available on snow packed slopes. And still others are eagerly awaiting the start of watching football games and new TV shows and programs.

At the Charles Baber Cemetery, fall is embraced by the wide variety of trees all showing off their most beguiling fall colors. Some species have leafy earth tones of rust, browns, butterscotch, honey, and bourbon. Others offer the citrus fruit and sunshine colors of butter, lemon, lime, tangerine, orange, and melon. The dwarf maples and the red maples offer the wine tones of merlot, burgundy, and cabernet.

The leaf color change runs from late September to early December with the changes occurring in waves throughout the property, depending on the tree species. Along the Market Street walkway, the European hornbeam will have golden tops that melt down the tree like warm butter. Upon entering the main gate, straight ahead are the golden yellows of the Norway maple with the golden honey colored leaf of the tulip tree on the right. Also on the right are the mellow yellows of the white oaks and the crimson and merlots of the red maples. A line of sunset red maple, to the east of the chapel, offer their scarlet red leaf colors. Near the wall are the pinkish reds turning to brownish reds of the pin oaks. And about half way down, the tall golden giant male ginkgo can be found. There is an adult copper beech with its cabernet coloring, and a sycamore maple's late changing and subdue yellow leaves. Also on the right side, at the top of the terraces is the staghorn sumac with its flaming red lollipop flower, and its bright red leaves changing to orange, then yellow before dropping. And running throughout the terraces are many more yellow Norway maple, and the mighty red oaks with their subtle yellow coloring. The oaks, like the pin, white, chestnut, and red are offering an abundance of acorns for the ground critters to store up for the winter months.

To the left of the entrance, are several dwarf red maples in their merlot, burgundy, and cabernet colors. Forming a long line against the west wall, the London planetrees, with their patchy multi-colored bark, are changing into a soft key lime color of yellowish green. The three American beech with their smooth gray trunks, are taking on a straw yellow coloring and will develop a prickled 4-valve husk with 1-3 beechnuts inside. Down from these are more American sycamore with their flaking brown trunks with pink coloring underneath and their large broad floppy leaves changing to a passive yellow. On the left side are two large chestnut oaks, also laden with acorns, with leaf changes to pale yellow and light tangerine coloring. By them, the lonely white ash stands with its circular stripes around the tree of butter yellow and peach. Midway between them and 16th Street, the female ginkgo also stands like a tall golden giant like her mate on the right side. Near the 16th Street gate stand the pink oaks with their branches filled with acorns and their pinkish red leaves. The black gum in that same area, which are still tiny, generate some faint red and yellow coloring.

Now the lower level is a color scheme unto itself. Near the 16th entrance, is the mock orange which is a late bloomer of a pointed cluster of white flowers, which turn violet brown in late September. By the barn, the American basswood and little leaf linden have turned pale yellow to yellow brown. Crossing the road toward the pond, the swamp white oak are turning pinkish brown, and will hold onto their leaves until late December. The oak lead into the hybrid elm that run past the pond. The elm leaves on their skyward reaching branches turn lemon yellow. Up from the elm are the tall and wide sugar maple with leaves of butter yellow and big patches of tangerine coloring. The Siberian elm, by the Comloquoy mausoleum, have tiny serrated mint green leaves that turn mellow yellow. These elm run into the rustic cedar red of the dawn redwood whose soft fern like leaves turn reddish tinted honey colored. The dawn redwood run into the sweetgum, whose star shaped leaves can have orange, red, yellow, and green all on one leaf.

And the parameters of the property going up the hill to the middle school and along the soccer\baseball field, are filled with American elm, box elder, Norway maple, black locust, black walnut, sassafras, and black cherry. The elm, box elder, black walnut, and black locust favor the soft citrus leaf coloring of honey melons, key limes and maybe a yellowish peach coloring. The box elder develops a dried pale brown fruit that may last through the winter. And the black walnut offers the squirrels a hard nut covered with a thick green husk. Adding color to the hillside, the black cherry and sassafras are spectacular with their shades of red, orange, and yellow. Come and enjoy the fall fashion of tree coloring at the Baber Cemetery from September through December!



<u>21st</u> Annual Baber Appreciation Day

Saturday, September 7, 2019

NATURE & HISTORY WALKING TOURS 3:00

PICNIC BEGINNING 4:30

BAKE SALE 3-6:00 BASKET RAFFLE 3:00 TO 5:30

THIRD BRIGADE BAND 4:00 - 5:45

SOLEMN EVENSONG SERVICE - 6:00 PM

Hot dogs, bake beans, chips, watermelon and water will be provided.

Rain Date: Sunday, September 8, 2019

(1) Monetary contributions to purchase the hot dogs, rolls, condiments, paper products, water and chips would be greatly appreciated.

(2) Volunteers are needed to make <u>bake goods</u>, to help set up and clean up, cut the melons, and grill the dogs. Also a volunteer is needed to sell raffle tickets for a few hrs at Boyers on Sunday, Sept 1st (12-4) and for a few hours on Baber Day.

If you can help, call Carol 617-6704, Carla or Norm 628-3868, Kurt Kovalovich 640-1738, or the office at 622-8720. Monetary contributions can be given to any one of the three listed above.



Operation We Care mailing will take place in November. If you know of any local servicemen or women serving our country overseas please notify Kathy Burda to get them on our mailing list, so we can send them a little bit of home for the holidays.



St. Nicholas Day, Cookie Exchange and Mini-Bazaar

SUNDAY, DECEMBER 8 is the date. St. Nicholas will visit the children, yummy cookies will be baked and shared and if you are a craftsperson, it's not too early to be thinking about our Christmas mini-bazaar. Last year we had candles, dolls, quilted items and



Scentsy. If you have a creative outlet and would like to participate, please start now so that you will have plenty to offer. It will be a wonderful time of sharing delicious baked goods and shopping for family and friends and the loving generosity of a beloved saint.



Summer Reading Camp

Trinity held its second Summer Reading Camp during the week of July 8-12, 2019. This camp was funded by the Congregational Renewal Grant from the Diocese of Bethlehem, the Snayberger Foundation, and the Pottsville Benevolent Association. Summer Reading Camp provided children from the Pottsville and St. Clair Area

School Districts, Schuylkill County Child Development, Gillingham, and Assumption BVM with a positive academic and social experience. Although the camp was designed to support children who are experiencing challenges with reading and provide nutritious meals in the absence of the school lunch program over the summer, it had many additional benefits for the children. For many children, it provided a safe place where they were accepted, cared for, and valued. Many of the children attending camp live lives that are filled with uncertainty, and this stability and caring was as valuable as the academic skills they gained.

This year, 28 children attended summer reading camp, ranging from pre-k to third grade. Thirteen volunteers made up the camp staff; seven volunteers were from Trinity, including two of our youth, Tim Bortner and Delaney Burns. Three volunteers were from North Parish and four were community members. In addition, three members of the parish who could not be with us at camp volunteered their time to help us cut out and assemble materials.

The theme for camp this year was appropriately, camping. Teachers developed activities for phonics, reading comprehension, vocabulary development, writing, and math based on the camp theme. In addition, the children had the opportunity to visit the library to learn about the programs that are offered during the summer and obtain a library card. Guest readers from the community visited to read to the children. A highlight of camp was a visit from Porcupine Pat who presented an interactive program about the outdoors. The children received several books to take home at the end of camp to help build their home libraries. A parent workshop, designed to assist their child with reading, concluded the program and parents were able to enjoy lunch with their child.

Thanks to the generosity of local businesses, the children received a hot lunch each day. Mc Donald's, Domino's Pizza, and Wendy's provided free or reduced cost meals which were big hits with the children. Giant, Boyer's, and Weiss Markets, and Dairy Queen provided gift cards. In addition to providing a positive learning experience for the children without the pressure of testing and achieving a grade we began to build bridges with some of the parents who were appreciative of the camp and the generosity of Trinity. Many of our campers attended the program last summer and will return again next year; in addition children who have younger siblings who will benefit from the program in the future.

Summer Reading Camp is scheduled for next summer during the week of July 6-10, 2020. We hope that you will consider volunteering for this rewarding and fun outreach activity.

Trinity Episcopal Church

200 South Second Street Pottsville, PA 17901 Phone: 570.622.8720 Fax: 570.621.3221 Return Service Requested Deadline For November/December "Topics" Tuesday, Oct. 15, 2019

Non-Profit Org. U. S. Postage PAID Permit No. 305 Pottsville, PA 17901

September Birthdays

- 1 Alexa Stone
- $2-Dawn \ Burns$
- 4 Layla Sinko
- 8 Braden Burns
- 10-Katherine Reese, Rosie Hess
- 11 Brianne Stone, Jacob Baumann
- 13 Allen Brennan
- 14 Anthony "AJ" Jusinski
- 15 Anthony Pritiskutch
- 16 Joseph Jusinski, Kennedy Holden
- 18 Celie Muench, Mary Jane Reed
- 20 Sandra Moore
- 25 Bob Burns
- 27 Clarence Eckert
- 28 Sean Holden
- 30 Christopher Cirelli, Julie Cirelli

October Birthdays

- $1-Jordan \ Franko$
- 3 Justin Franko
- 5 Georgine Curtier, Fr. Timothy Albright
- 6 Bill Rutecky
- 9 Donna Schenck
- 12 Brandon Fehr
- 13 Aniya Momulu
- 14 Randy Bedford
- 15 Lora Brennan
- 17 Nevaeh Momulu
- 19 Kathleen Feno
- 20 Suzanne Franko, Zoe Lynn Holden
- 21 Eric Ryland
- 23 Kelly Bruce, Roy Seitzinger
- 28 Barbara Tokarz, John Menuchak
- 29 John Ross